

Zumba, Step, Funk Aerobics, Gospel Praise

Do You Want To Improve Your Health, Lose Weight, Tone Your Body, Look Great & Feel Awesome? All Classes 6:15 - 7:15 PM

Monday - "Combo" Step / Funk Aerobics or Stride
Tuesday - Zumba & Pump With Funk
Thursday - "Combo" Step / Funk Aerobics or Stride
Zumba & Pump With Funk or Gospel Praise Aerobics
Monthly Membership \$40.00 (Includes All Shape-It Classes)
\$5.00 Per Class

Dream Makers Dance Studios

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Mitzi Hightower-Teel CEO/ Certified, License Instructor
Tesha Goodson - Business Manager / Assistant Instructor
Daryl Moore Administrative Assistant
Sabrina Coleman - Technical Support / Co- Instructor
Darleen Blackwell and Marketta Goodson - Business & Instructor Assistants